

Shining Rock

Who: Scouts and Leaders who want to see one of the greatest wilderness areas in the United States

When: August 7-9 2009

Where: Shining Rock Wilderness



Why: Escape the heat of summer in our beautiful mountains and backpack with your buddies. If you're tired and bored by hanging around the house this summer, this is your trip.

What: A backpacking trip into the great Shining Rock Wilderness of Pisgah National Forest, southwest of Asheville. Enjoy the great vistas on the balds and large alpine meadows to play on. Plenty of time to explore and play after the hike is done for the day.



Cost: \$15

Arrival and Departures:

Leave: Friday August 7
5:00 Be at the Church
5:30 Leave the Church

Return: Sunday August 9
4:00 Arrive at the Church
4:30 Finish putting away Troop Gear



What to Bring:

The weather can be colder than you might expect in the open balds of the mountains

- Bag dinner for Friday evening
- Sleeping Bag
- Foam/air pad for sleeping bag
- Toiletries (toothbrush, tooth paste, soap or hand sanitizer etc., etc..)
- Rain jacket (no ponchos)
- Backpacking Food (breakfast, lunch, supper, breakfast and trail snack food)
- Hat, Cap or toboggan
- Gloves (optional)
- Pants (dry fit, no cotton)
- Undershirts (dry fit, no cotton)
- Underwear
- Camp Shoes
- 2 water bottles (32 ounces each – fill before you leave)
- 2-3 pair of Socks with liners
- Small Flashlight or headlamp
- Non-aerosol Bug Repellant
- Sunscreen Lotion
- jacket (suitable for the weather)
- Personal First Aid Kit
- Compass
- Rope
- Backpack w/ Pack Cover
- Cup, bowl, and spoon
- Money for Sunday lunch and maybe a stop on the road

What not to Bring:

- Electronics
- Cell Phones